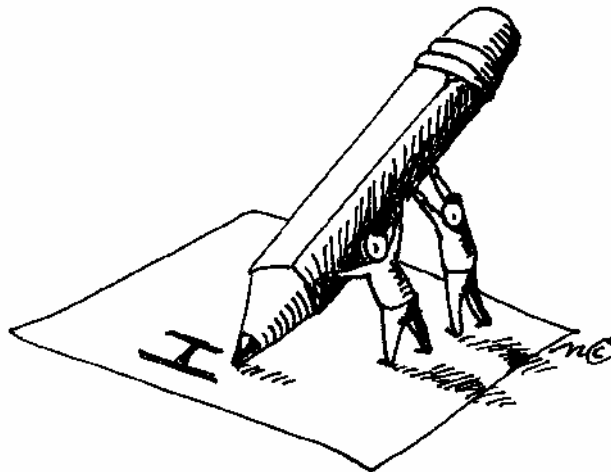


Essay Outline Sample



I. Introduction

- A. Get the reader's attention by asking a leading question; relay something enticing about the subject in a manner that commands attention. Start with a related quote, alluring description, or narration.
- B. State the thesis, the causes and effects to be discussed; comparison of subject X and subject Y; your position on the issue; your proposal if applicable; and the main points that will develop your argument.

II. Body

. First Point, Assertion, Explanation

1. Supporting evidence (examples, facts, statistics, quoted authorities, details, reasons, examples)
2. Supporting evidence

A. Second explanation

1. Support
2. Support

- B. Third explanation
 - 1. Support
 - 2. Support
 - C. Fourth explanation (continue as above with additional explanations as needed.)
 - 1. Support
 - 2. Support
 - D. Your proposal (if applicable)
 - E. Address opposing viewpoints
-

III. **Conclusion**

- . Show how explanations (causes) are logical reasons producing the effects discussed; review subject X and subject Y; reiterate your assertion and proposition (if applicable). Reemphasize your thesis in a fresh way, showing how you have achieved your purpose. If you intend to draw to a conclusion about one subject over the other, emphasize that point.
- A. Deal with opposing views unless done above in Section F.
- B. Appeal to the reader to see how you have come to a logical conclusion.
- C. Make a memorable final statement.

Sample Outline

Title "The Benefits of Running"

- I. Introduction
 - A. Running is becoming an extremely popular sport for all ages.

- B. Running is a great form of exercise because it helps people control their weight, develop muscles, and improves mental and physical performance.
- II. Body
 - A. Weight control
 - 1. Aids self-control
 - 2. Burns calories
 - 3. Encourages a healthy diet
 - 4. Suppresses appetite
 - B. Muscular Development
 - 1. Improves tone
 - 2. Enhances contours
 - 3. Increases strength
 - 4. Improves endurance
 - C. Psychological well-being
 - 1. Aids sleep
 - 2. Inhibits depression
 - 3. Intensifies vitality
- III. Conclusion
 - A. Benefits of running make it an excellent exercise.
 - B. People who want to improve their health should consider running.

Outline Template

Title _____

- I. Introduction
 - A. _____
 - B. _____
- II. Body
 - A. _____
 - 1. _____
 - 2. _____
 - 3. _____
 - 4. _____
 - B. _____
 - 1. _____
 - 2. _____
 - 3. _____
 - 4. _____
 - C. _____
 - 1. _____
 - 2. _____
 - 3. _____
 - 4. _____
- III. Conclusion
 - A. _____
 - B. _____